

# **STUDENT PERSONNEL**

## **I Island Catholic Schools**

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## STUDENT PHYSICAL RESTRAINT AND SECLUSION

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529

### Definitions

Behaviour is the way in which a person acts or reacts in a particular environment. It is commonly understood that behaviour is communication. It is the impact of the behaviour that dictates whether a behaviour is negative or positive.

Adapted from Gerrig, Richard J. & Philip G. Zimbardo. . Published by Allyn and Bacon, Boston, MA. Copyright (c) 2002 by Pearson Education. Information found on American

Physical Restraint is a measure used to restrict a person's freedom of movement or mobility, in order to secure and maintain the safety of the person or the safety of others.

The professional practice of physical restraint involves the temporary touching or holding of a person's body in a way that restricts their movement.

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Time-out is only one option along a continuum of behaviour interventions supporting behaviour change. Time-out can be implemented on several different levels, ranging from quiet time in the regular classroom to a time-out room in the school.

Typically, time-out is used in tandem with positive interventions that can maximize student learning and assist in the acquisition of replacement behaviours.

#### **Regulation**

1. Prevention

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a formal positive behaviour support plan describing positive behaviour interventions/supports and conflict de-escalation procedures that are in place.

an emergency or safety plan detailing emergency and safety procedures regarding the use of physical restraint and seclusion, and confirming the formal training of school personnel.

d) It is critical that:

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expected to have been trained in crisis intervention and the safe use of physical restraint and seclusion.

4. Additional Supports

- a) School Based Teams are encouraged to engage the assistance of additional program and resource supports that may be available in their community.
  
- b)

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restraint and seclusion occur within the same classroom; or, physical restraint and seclusion is repeatedly used by an individual.

Reference: Provincial Guidelines Physical Restraint and Seclusions in School Settings (June 2015)	Approved
	Date Approved: April 25, 2017
Cross-reference: Policy 500 Student Admissions Policy 619 Learning Support Services ICS Safety Plan template	Date(s) Revised: